ZAXBY'S

ALLERGEN and SENSITIVITIES GUIDE

Menus may vary by location

Zaxby's® Guests: All ingredient and allergen information was obtained from product vendors. Zaxby's cannot guarantee our foods are 100% allergen free. We use shared equipment during food preparation which could result in the cross-contact of allergens. Additionally, Zaxby's suppliers may use ingredients in their manufacturing facilities where trace amounts of allergens could come in contact with Zaxby's ingredients, or any product formula could be changed without prior notice to Zaxby's. We encourage anyone with food sensitivities, allergies, or special dietary needs to consult with their physician before consuming any of our foods. For information regarding the presence of allergens in our foods, please visit https://www.zaxbys.com/zaxbys-allergen-guide. Zaxby's foods are fried in a blend of fully refined canola and soybean oils. The FDA does not consider these highly refined oils as allergens; therefore, they are not included here. If you have any questions or concerns, please consult your physician before consuming these foods. Revised on February 2019.

		ALLERGENS								SENSITIVITIES		
		Dairy	Egg	Wheat	Soy	Peanut	Tree Nut	Fish	Shellfish	MSG	Gluten	Sulfiting Agents
ZALADS®	The Grilled House	•		•	•						•	
	The Fried House	•	•	•	•					•	•	
	The Garden House	•		•	•						•	
	The Grilled Cobb	•	•	•	•						•	
	The Fried Cobb	•	•	•	•					•	•	
	The Garden Cobb	•	•	•	•						•	
	The Grilled Caesar	•		•	•						•	
	The Fried Caesar	•	•	•	•					•	•	
	The Garden Caesar	•		•	•						•	
	The Blackened Blue	•		•	•						•	
	The Buffalo Blue	•	•	•	•					•	•	
	The Garden Blue	•		•	•						•	
	Side Salad											
	Side Caesar	•		•	•						•	
SANDWICH MEALS & SANDWICHES	Southern TLC Fillet Sandwich Meal	•	•	•	•					•	•	
	Southern TLC Fillet Sandwich	•	•	•	•					•	•	
	Kickin' Chicken Sandwich Meal	•	•	•	•					•	•	
	Kickin' Chicken Sandwich	•	•	•	•					•	•	
	Chicken Finger Sandwich Meal	•	•	•	•					•	•	•
	Chicken Finger Sandwich	•	•	•	•					•	•	•
	Grilled Chicken Sandwich Meal		•	•	•					•	•	
	Grilled Chicken Sandwich		•	•	•						•	
	Zaxby's Club Sandwich Meal	•	•	•	•					•	•	
	Zaxby's Club Sandwich	•	•	•	•					•	•	
	Cajun Club Sandwich Meal	•	•	•	•					•	•	
	Cajun Club Sandwich	•	•	•	•					•	•	
	Chicken Salad Sandwich Meal	•	•	•	•					•	•	
	Chicken Salad Sandwich	•	•	•	•						•	
	(3) Nibblerz Meal®	•	•	•	•					•	•	•
	(3) Nibblerz	•	•	•	•					•	•	•
	BLT Sandwich Meal (off menu)		•	•	•					•	•	
	BLT Sandwich (off menu)		•	•	•						•	
	Grilled Cheese Sandwich Meal (off menu)	•		•	•					•	•	
	Grilled Cheese Sandwich	•		•	•						•	
MOST POPULAR	Chicken Finger Plate (4)	•	•	•	•					•	•	•
	Buffalo Chicken Finger Plate (4)	•	•	•	•					•	•	
	Chicken Finger Plate (5)	•	•	•	•					•	•	•
	Buffalo Chicken Finger Plate (5)	•	•	•	•					•	•	
	Chicken Finger Plate (6)	•	•	•	•					•	•	•
	Buffalo Chicken Finger Plate (6)	•	•	•	•					•	•	
WINGS[1]	Boneless Wings & Things	•	•	•	•					•	•	•
	Buffalo Boneless Wings & Things	•	•	•	•					•	•	
	Traditional Wings & Things	•	•	•	•					•	•	•
	Buffalo Traditional Wings & Things	•	•	•	•					•	•	
	Buffalo Boneless Wings Meal (5)	•	•	•	•					•	•	
	Buffalo Traditional Wings Meal (5)	•	•	•	•					•	•	
	Big Zax Snak® Meal	•	•	•	•					•	•	•
	Buffalo Big Zax Snak	•	•	•	•					•	•	
5 BONELESS WINGS WITH EACH SAUCE	Boneless Wings (No Sauce)			•							•	
	Boneless Wings - Wimpy™			•							•	
	Boneless Wings - Tongue Torch®			•							•	
	Boneless Wings - Nuclear™			•							•	
	Boneless Wings - Insane™			•							•	
	Boneless Wings - Original	•		•	•						•	
	Boneless Wings - HHM		•	•							•	
	Boneless Wings - Sweet & Spicy			•	•						•	
	Boneless Wings - Teriyaki			•	•						•	
	Boneless Wings - BBQ			•							•	

[1] **Allergen Information for Wings does not Include wing sauce. Please refer to the Signature Sauces Section.**

ZAXBY'S

		ALLERGENS								SENSITIVITIES		
		Dairy	Egg	Wheat	Soy	Peanut	Tree Nut	Fish	Shellfish	MSG	Gluten	Sulfiting Agents
10 BONELESS WINGS WITH EACH SAUCE	Boneless Wings (No Sauce)			•							•	
	Boneless Wings - Wimpy™			•							•	
	Boneless Wings - Tongue Torch®			•							•	
	Boneless Wings - Nuclear™			•							•	
	Boneless Wings - Insane™			•							•	
	Boneless Wings - Original	•		•	•						•	
	Boneless Wings - HHM		•	•							•	
	Boneless Wings - Sweet & Spicy			•	•						•	
	Boneless Wings - Teriyaki			•	•						•	
	Boneless Wings - BBQ			•							•	
20 BONELESS WINGS WITH EACH SAUCE	Boneless Wings (No Sauce)			•							•	
	Boneless Wings - Wimpy			•							•	
	Boneless Wings - Tongue Torch			•							•	
	Boneless Wings - Nuclear			•							•	
	Boneless Wings - Insane			•							•	
	Boneless Wings - Original	•		•	•						•	
	Boneless Wings - HHM		•	•							•	
	Boneless Wings - Sweet & Spicy			•	•						•	
	Boneless Wings - Teriyaki			•	•						•	
	Boneless Wings - BBQ			•							•	
5 TRADITIONAL WINGS WITH EACH SAUCE	Traditional Wings (No Sauce)											
	Traditional Wings - Wimpy											
	Traditional Wings - Tongue Torch											
	Traditional Wings - Nuclear											
	Traditional Wings - Insane											
	Traditional Wings - Original	•			•							
	Traditional Wings - HHM		•									
	Traditional Wings - Sweet & Spicy			•	•						•	
	Traditional Wings - Teriyaki			•	•						•	
	Traditional Wings - BBQ											
10 TRADITIONAL WINGS WITH EACH SAUCE	Traditional Wings (No Sauce)											
	Tradidional Wings - Wimpy											
	Traditional Wings - Tongue Torch											
	Traditional Wings - Nuclear											
	Traditional Wings - Insane											
	Traditional Wings - Original	•			•							
	Traditional Wings - HHM		•									
	Traditional Wings - Sweet & Spicy			•	•						•	
	Traditional Wings - Teriyaki			•	•						•	
	Traditional Wings - BBQ											
20 TRADITIONAL WINGS WITH EACH SAUCE	Traditional Wings (No Sauce)											
	Tradidional Wings - Wimpy											
	Traditional Wings - Tongue Torch											
	Traditional Wings - Nuclear											
	Traditional Wings - Insane											
	Traditional Wings - Original	•			•							
	Traditional Wings - HHM		•									
	Traditional Wings - Sweet & Spicy			•	•						•	
	Traditional Wings - Teriyaki			•	•						•	
	Traditional Wings - BBQ											
1 CHICKEN FINGER WITH EACH SAUCE	Chicken Finger (No Sauce)	•	•	•						•	•	
	Chicken Finger - Wimpy	•	•	•						•	•	
	Chicken Finger - Tongue Torch	•	•	•						•	•	
	Chicken Finger - Nuclear	•	•	•						•	•	
	Chicken Finger - Insane	•	•	•						•	•	
	Chicken Finger - Original	•	•	•	•					•	•	
	Chicken Finger - HHM	•	•	•						•	•	
	Chicken Finger - Sweet & Spicy	•	•	•	•					•	•	
	Chicken Finger - Teriyaki	•	•	•	•					•	•	
	Chicken Finger - BBQ	•	•	•						•	•	
5 CHICKEN FINGERZ WITH EACH SAUCE	Chicken Finger (No Sauce)	•	•	•						•	•	
	Chicken Finger - Wimpy	•	•	•						•	•	
	Chicken Finger - Tongue Torch	•	•	•						•	•	
	Chicken Finger - Nuclear	•	•	•						•	•	
	Chicken Finger - Insane	•	•	•						•	•	
	Chicken Finger - Original	•	•	•	•					•	•	
	Chicken Finger - HHM	•	•	•						•	•	
	Chicken Finger - Sweet & Spicy	•	•	•	•					•	•	
	Chicken Finger - Teriyaki	•	•	•	•					•	•	
	Chicken Finger - BBQ	•	•	•						•	•	

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				ALLERGENS								SENSITIVITIES		
				Dairy	Egg	Wheat	Soy	Peanut	Tree Nut	Fish	Shellfish	MSG	Gluten	Sulfiting Agents
10 CHICKEN FINGERZ WITH EACH SAUCE			Chicken Finger (No Sauce)	•	•	•						•	•	
			Chicken Finger - Wimpy™	•	•	•						•	•	
			Chicken Finger - Tongue Torch®	•	•	•						•	•	
			Chicken Finger - Nuclear™	•	•	•						•	•	
			Chicken Finger - Insane™	•	•	•						•	•	
			Chicken Finger - Original	•	•	•	•					•	•	
			Chicken Finger - HHM	•	•	•						•	•	
			Chicken Finger - Sweet & Spicy	•	•	•	•					•	•	
			Chicken Finger - Teriyaki	•	•	•	•					•	•	
			Chicken Finger - BBQ	•	•	•						•	•	
20 CHICKEN FINGERZ WITH EACH SAUCE			Chicken Finger (No Sauce)	•	•	•						•	•	
			Chicken Finger - Wimpy	•	•	•						•	•	
			Chicken Finger - Tongue Torch	•	•	•						•	•	
			Chicken Finger - Nuclear	•	•	•						•	•	
			Chicken Finger - Insane	•	•	•						•	•	
			Chicken Finger - Original	•	•	•	•					•	•	
			Chicken Finger - HHM	•	•	•						•	•	
			Chicken Finger - Sweet & Spicy	•	•	•	•					•	•	
			Chicken Finger - Teriyaki	•	•	•	•					•	•	
			Chicken Finger - BBQ	•	•	•						•	•	
DESSERTS			Chocolate Chip Cookie	•	•	•	•						•	
			White Chocolate Macadamia Nut Cookie	•	•	•	•		•				•	
			Oatmeal Raisin Cookie	•	•	•			•				•	
			Brownie	•	•	•	•						•	
DIPPING SAUCES (Sauce cups)			Zax Sauce® 1.5 oz		•									•
			Ranch 1.5 oz	•	•							•		
			Honey Mustard 1.5 oz		•									
			Zestable Dip® 1.5 oz	•	•									
			Marinara 2 oz	•										
			Zax Sauce (1) served with 5 Fingerz		•									•
			Zax Sauce (2) served with 10 Fingerz		•									•
			Zax Sauce (4) served with 20 Fingerz		•									•
SIGNATURE SAUCES (2 oz portion by volume)			Wimpy											
			Tongue Torch											
			Nuclear											
			Insane											
			Original	•			•							
			Hot Honey Mustard		•									
			Sweet & Spicy			•	•						•	
			Teriyaki			•	•						•	
			BBQ											
DRESSINGS			Ranch	•	•							•		
			Blue Cheese	•	•									
			Honey French											
			Honey Mustard		•									
			Mediterranean	•										
			Lite Ranch	•	•		•					•		
			Caesar	•	•					•				•
			Thousand Island		•									
			Lite Vinaigrette											
CELERY & RANCH SAUCE	**BONELESS & TRADITIONAL WINGS**	**5**	4 Celery Sticks											
			Ranch Sauce (1)	•	•							•		
			TOTALS	•	•							•		
		10	6 Celery Sticks											
			Ranch Sauce (1)	•	•							•		
			TOTALS	•	•							•		
		20	10 Celery Sticks											
			Ranch Sauce (2)	•	•							•		
			TOTALS	•	•							•		
	BUFFALO FINGERZ®	**5**	4 Celery Sticks											
			Ranch Sauce (1)	•	•							•		
			TOTALS	•	•							•		
		10	6 Celery Sticks											
			Ranch Sauce (2)	•	•							•		
			TOTALS	•	•							•		
		20	10 Celery Sticks											
			Ranch Sauce (4)	•	•							•		
			TOTALS	•	•							•		

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			ALLERGENS								SENSITIVITIES		
			Dairy	Egg	Wheat	Soy	Peanut	Tree Nut	Fish	Shellfish	MSG	Gluten	Sulfiting Agents
ZAPPETIZERS® & SIDES[2]		Buffalo Dip & Tater Chips	•	•	•						•	•	
		Tater Chips									•		
		Onion Rings - side	•		•							•	
		Onion Rings	•		•							•	
		Fried White Cheddar Bites	•		•							•	
		Spicy Fried Mushrooms	•		•							•	
		Buffalo Chicken Dip - side	•	•	•						•	•	
		Crinkle Fries - Regular									•		
		Crinkle Fries - Large									•		
		Crinkle Fries - Basket									•		
		Cole Slaw - side		•									
		Texas Toast - 1 slice			•	•						•	
		Texas Toast - Basket			•	•						•	
		Celery and Ranch - side	•	•							•		
		Celery and Ranch - Basket	•	•							•		
ZAX KIDZ® MEAL		Kiddie Finger®	•	•	•	•					•	•	•
		Kidz Nibbler®	•	•	•	•					•	•	•
		Kiddie Cheese®	•		•	•					•	•	
DRINKS	Milk & Juice	Milk 8 oz	•										
		Chocolate Milk 8 oz	•										
		Apple Juice 8 oz											
	Sweet Tea	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Unsweet Tea	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Coca-Cola	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Dr Pepper	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Sprite	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Diet Coke	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Minute Maid Lemonade	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Hi-C Fruit Punch	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Cherry Coke	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Barqs Root Beer	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Vanilla Coke	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Coke Zero	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Fanta Strawberry	12 oz											
		22 oz											
		32 oz											
		42 oz											

[2] Dipping sauce information not included. Please refer to the Dipping Sauces Section.

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			ALLERGENS								SENSITIVITIES		
			Dairy	Egg	Wheat	Soy	Peanut	Tree Nut	Fish	Shellfish	MSG	Gluten	Sulfiting Agents
DRINKS	Diet Dr Pepper	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Fanta Orange	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Fanta Cherry	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Dr Pepper Cherry	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Mello Yello	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Dr Pepper Cherry Vanilla	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Minute Maid Strawberry Lemonade	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Barqs Root Beer Vanilla	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Cherry Vanilla Coke	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Hi-C Orange	12 oz											
		22 oz											
		32 oz											
		42 oz											
	Fanta Peach	12 oz											
		22 oz											
		32 oz											
		42 oz											
LTO		Sweet & Smoky Sandwich	•	•	•	•					•	•	
		T.L.C. Sandwich	•	•	•	•					•	•	

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